



PARTICIPANT INFORMATION SHEET

Study Title: To what extent have UK government social distancing and lockdown measures impacted the communication styles, emotional wellbeing and fluency of a person who stammers?

We would like to invite you to take part in the above named research study. Before you decide whether or not to take part, it is important for you to understand why the research is being done and what it will involve. Please therefore take time to read the following information carefully.

What is the purpose of the study?

This study aims to understand the impact that UK government lockdown and social distancing measures has on communication, specifically for people who stammer. The study also investigates the potential correlation between changes to communication methods with an individual's wellbeing and the fluency of their speech.

Why have I been invited to participate?

You have been invited to participate as you are over the age of 18 and are someone who identifies themselves as a person who stammers.

Do I have to take part?

Participating in this project is entirely voluntary. You have the right to withdraw from the project at any time however the data obtained from completion of the questionnaire is anonymous and therefore once submitted, it will not be possible to extract a specific participant's data. Consent for participating in this project is implied by submission of the online questionnaire.

What will participation involve?

Participation involves clicking the link to an online questionnaire which could take up to 10 minutes to complete. The questions will ask about your use of different communication methods for both work and personal use and how this has changed throughout government-imposed lockdown. There will also be questions to ask whether these potential changes has impacted on individual wellbeing and speech fluency. Once completing the questionnaire, answers are submitted anonymously, with no further action required.

Are there any risks associated with taking part?

No there are no known risks involved. If the participant finds the questionnaire to be too emotional they can withdraw from participating and close the questionnaire without completing at any time.

Are there any benefits associated with taking part?

There is no direct benefit to you from participation. However, you will help improve our understanding how communication methods can impact a person who stammers which may help to improve services in the future.

What will happen to the results of the research project?

The results will be used to form a final year BSc Speech & Language Therapy research project. Outcomes of the study will be presented, displayed and discussed as part of the Research 2 module.



How will my data and my privacy be protected?

All information submitted through the online questionnaire will be anonymous and no identifiable information is requested. All findings will be stored on a password protected Cardiff Met student OneDrive account. Only data that is specifically required for this study will be collected and will be retained for 5 years and destroyed after this time.

Who is involved in this project?

The research is conducted by Tamsin Lewis, a student at Cardiff Met and is supervised by Dr Robert Mayr.

If I have any questions, who should I contact for further information?

Please do not hesitate to contact Tamsin Lewis on st20142250@outlook.cardiffmet.ac.uk